

Cold Case Grab & Go Ingredients

Pastas

Chicken Capellini Salad - Grilled Marinated Chicken Breast (*gluten free tamari (water, soybeans, salt, sugar), lemon juice, canola oil, sesame oil, sugar, parsley, garlic, dry mustard, salt, pepper.*), Cherry Tomatoes, Fresh Basil, Mozzarella, Scallions, Parsley, Capellini Pasta. Dressing: Basic Vinaigrette (*olive oil (refined olive pomace oil, extra virgin olive oil), canola oil, red wine garlic, salt*), Tomato Puree, Garlic, Red Pepper Flakes, Sugar, Salt, Pepper

Spaghetti & Meatballs – *meatballs:* ground chuck, ground pork, CSD bread crumbs, onion, garlic, milk, crushed red pepper, eggs, ricotta, parmesan, parsley, fennel seeds, salt, pepper. *Spaghetti Noodles.* Sauce: tomato, garlic, onion, white wine, olive oil (*refined olive pomace oil, extra virgin olive oil*), crushed red pepper, oregano, salt pepper, bay leaf, basil.

Butternut Squash & Raidicchio Pappardelle Pasta - pappardelle pasta, butternut squash, radicchio, butter, parmesan, shallots, parsley, white wine, pine nuts, olive oil, salt, pepper

Spinach Gorgonzola Pasta – pasta shells, gorgonzola sauce (*bechamel sauce (milk, butter, flour, nutmeg, salt, pepper), gorgonzola cheese*), ricotta, frozen spinach, gorgonzola cheese, garlic, parmesan cheese, salt, pepper.

Macaroni & Cheese – manufacturers cream, large elbow macaroni, cheddar cheese, parmesan cheese, asiago cheese, butter, Worcestershire sauce (*water, high fructose corn syrup, molasses, salt, acetic acid, caramel color, hydrolyzed soy protein, wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid)*), dry mustard, salt, pepper. *Flour is added to the sauce in the Gayle's to Go case.*

Penne d'Alba – penne pasta, red sauce (*canned pear tomatoes, olive oil (refined olive pomace oil, extra virgin olive oil), garlic, salt, pepper*), mozzarella cheese, garlic, parmesan cheese, olive oil (*refined olive pomace oil, extra virgin olive oil*), salt, pepper.

Eggs
Dairy
Nuts

onion
sesame
wheat

soy

Lasagne Bolognese – lasagna noodles, Bolognese sauce (*ground beef, carrots, celery, onion, garlic, pear tomato, red pepper flakes, tomato paste (tomato pulp, citric acid), white wine, red wine, sherry, bay leaves, basil, chicken stock (chicken bones, paprika, salt, pepper, oregano), salt, pepper, fresh oregano*), fresh spinach, ricotta, fresh basil, fresh oregano, parmesan cheese, mozzarella cheese, garlic, salt.

Vegetarian Lasagne - lasagna noodles, zesty sauce (*tomatoes, garlic, olive oil (refined olive pomace oil, extra virgin olive oil), crushed red pepper, basil, oregano, salt, pepper*), fresh spinach, ricotta, fresh basil, fresh oregano, parmesan cheese, mozzarella cheese, garlic, salt.

Entrees

Lemon Chicken Breast with farro pilaf & sauteed greens - lemon chicken breast (*gluten free tamari (water, soybeans, salt, sugar), lemon juice, canola oil, sesame oil, sugar, parsley, garlic, dry mustard, salt, pepper.*), farro pilaf (*farro, crimini mushrooms, chicken stock (chicken bones, paprika, salt, pepper, oregano), scallions, toasted walnuts, fresh parsley, fresh thyme, garlic, bay leaf, salt, pepper.*), sauteed greens (*fresh spinach, garlic, olive oil (refined olive pomace oil, extra virgin olive oil), white wine, salt, pepper.*).

Sweet & Spicy Tofu with sticky rice & baby bok choy saute – tofu (*firm tofu, wheat free tamari (water, soybeans, salt, sugar), orange juice, maple syrup, sriracha (chiles, sugar, salt, garlic, distilled vinegar, potassium sorbate, sodium bisulfite and xanthan gum), olive oil, black sesame seeds*), sticky rice (*white rice, shiitake mushrooms, edamame, wheat-free tamari (water, soybeans, salt, sugar), scallions, cilantro, salt, pepper, sesame oil, olive oil (refined olive pomace oil, extra virgin olive oil), butter*) stir fried baby bok choy (*baby bok choy, spinach, garlic, white wine, olive oil (refined olive pomace oil, extra virgin olive oil), salt, pepper*).

Meatloaf & Mashed Potatoes -*meat loaf*: ground beef, celery, carrots, yellow onion, bread crumbs, eggs, salt, pepper, red pepper flakes, dried oregano, ketchup (*tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, salt, spice, onion powder, natural flavoring*). *Mashed potatoes*: russet potatoes, cream, butter, salt, pepper.

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Chicken Parmesan - chicken breast, panko bread crumbs (*bleached wheat flour, shortening (palm oil), cane sugar, yeast, salt*), **garlic**, **parmesan cheese**, **mozzarella cheese**, thyme, **egg**, flour, parsley, canola oil (for frying). **Sauce:** tomato, tomato paste (*tomato pulp, citric acid*), white wine, olive oil (*refined olive pomace oil, extra virgin olive oil*), basil, **garlic**, oregano, red pepper flakes, salt, pepper.

Chicken Pot Pie – chicken meat (*roasted with paprika, oregano, garlic*), Italian chicken sausage (*Chicken, mozzarella cheese (pasteurized milk, cultures, salt, enzymes, cellulose added to prevent caking), contains 2% or less of the following: parsley, roasted garlic (with olive oil), salt, spices, vinegar, paprika, sugar, basil, celery powder, sea salt. Stuffed in a natural pork casing*), chicken stock (*chicken bones, paprika, salt, pepper, oregano*), **onion**, red potato, carrot, mushroom, celery, **butter**, flour, green olive, sage, rosemary, oregano, bay leaf, peppercorn, clove. **Crust:** pastry flour, cake flour, **unsalted butter**, water, salt, egg wash on top (*eggs, milk*)

Polenta Casserole - polenta (*garlic, parmesan, white wine, mascarpone, oregano, salt, pepper*), zesty red sauce (*tomatoes, garlic, olive oil (refined olive pomace oil, extra virgin olive oil), crushed red pepper, basil, oregano, salt, pepper*), crimini mushrooms, white mushrooms, sauteed spinach, **yellow onion**, white wine, chive, olive oil (*refined olive pomace oil, extra virgin olive oil*), fresh oregano, **butter**, **garlic**, salt, pepper, **asiago cheese**, **mozzarella cheese**.

Chicken Enchiladas – corn tortillas, chicken (*roasted with paprika, oregano, garlic*), **jack cheese**, **yellow onion**, enchilada sauce (*chicken stock, water, sour cream, mild green chilis, gluten free flour (garbanzo bean flour, potato starch, tapioca flour, white sorghum flour, fava bean flour), salt, pepper*), cumin, chili powder, cilantro, salt, pepper.

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Potato Enchilada: potato, **pepper jack cheese**, **yellow onion**, kale, roasted poblano chile, green bell pepper, cilantro, cumin, salt, pepper, corn tortilla. Sauce: red enchilada sauce (*tomato puree (water, tomato paste), water, red chile puree, salt, chili pepper, canola oil, onion powder, spices, garlic puree, colored with oleoresin paprika, pectin, corn starch, natural flavors, lemon juice concentrate, citric acid, guar gum, xanthan gum, garlic powder, autolyzed yeast extract, locust bean gum*), **heavy cream**.

Bacon & Caramelized Onion Quiche – pastry flour, cake flour, **unsalted butter**, water, salt. *Filling:* **cream**, **egg**, **Jarlsberg cheese**, **scallions**, salt, pepper, bacon, **caramelized onion**, mushroom.

BBQ Pork Ribs - St. Louis pork ribs, BBQ sauce (red wine vinegar, brown sugar, ketchup (*tomato concentrate from red ripe tomatoes, distilled vinegar, high fructose corn syrup, salt, spice, onion powder, natural flavoring*), Worcestershire sauce (*water, high fructose corn syrup, molasses, salt, acetic acid, caramel color, hydrolyzed soy protein, wheat flour (niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid)*), **garlic**, **salted butter**, Tabasco (*distilled vinegar, red pepper, salt*).

Twice Baked Potato – russet potatoes, **sour cream**, **cheddar cheese**, **white cheddar cheese**, **manufacturers cream**, green chili, black olives, salt, pepper.

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Gayle's Own Sides

Deviled Eggs – **hard boiled eggs**, mayo (*canola oil, olive oil (refined olive pomace oil, extra virgin olive oil)*), **egg**, white wine vinegar, Dijon mustard, salt, white pepper), **chives**, dried mustard, white wine vinegar, black pepper, kosher salt, paprika, cayenne.

Garlic Bread – *Francese Baguette*: unbleached wheat flour, all-purpose wheat flour, water, yeast, salt, barley malt extract *Garlic butter*: **salted butter**, **parmesan cheese**, **garlic**, parsley

Savory Cheese Spread – **cream cheese**, Spanish olives, pepperoncini, **garlic**, pimento

Garlic & Artichoke Dip – artichoke hearts (*artichoke quarters, water, sunflower oil, distilled cane vinegar, salt, olive oil, garlic, spices, ascorbic acid*), **cream cheese**, **sour cream**, **garlic**, **scallions**, olive oil (*refined olive pomace oil, extra virgin olive oil*), salt, pepper.

Hummus – garbanzo beans, olive oil (*refined olive pomace oil, extra virgin olive oil*), lemon juice, tahini (*ground sesame seeds*), parsley, **scallions**, **garlic**, cumin, salt, black pepper.

Roasted red pepper cashew spread: **cashews**, roasted red bell pepper (*fire roasted peppers, water, salt, citric acid, calcium chloride*), olive oil (*refined olive pomace oil, extra virgin olive oil*), gluten free tamari (*water, soybeans, salt, sugar*), cayenne.

Garlic butter: **salted butter**, **parmesan cheese**, **garlic**, parsley

Red Wine Vinaigrette - olive oil (*refined olive pomace oil, extra virgin olive oil*), canola oil, red wine vinegar, salt

Poppyseed Dressing – canola oil, apple cider vinegar, sugar, **yellow onion**, poppyseeds, salt, black pepper, dry mustard

Orange Balsamic Vinaigrette - olive oil (*refined olive pomace oil, extra virgin olive oil*), orange juice, red wine vinegar, balsamic vinegar, sugar, **garlic**, **red onion**, red bell pepper, cayenne, parsley, salt, pepper.

Sesame Lemon Dressing - canola oil, **sesame** oil, lemon juice, wheat free tamari sauce (*water, soybeans, salt, sugar*), **garlic**, dry mustard, sugar.

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